

FIGURE 8.5 Use by Age and Gender in the United States (2008 Data)

Females use more benzodiazepines than men, and usage by both sexes increases with age.

Source: Olsson, M., King, M., & Schoenbaum, M. (2015). Benzodiazepine Use in the United States. *JAMA Psychiatry*, 72(2), 136. doi:10.1001/jamapsychiatry.2014.1763

